**HANDOUT: MY MOTIVATIONS**

1. Select **Career Spectrum** from the i-navmenu on your dashboard
2. Complete the **Motivations** assessment
3. Click **View Full Report** and answer the following questions

🞏 What are your top two motivation factors?

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

🞏 Were you surprised by these results? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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🞏 How will understanding your top motivation factors help you achieve your goal?

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🞏 **Go to Goal Setting**, and add one more task to your action plan related to your motivation factors.

🞏 How will understanding your top motivation factors help you pick a career?

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